
Curriculum Vitae – Annemarie Braun

Education

1997–2002

MSc in Psychology, University of Chicago

Thesis: *“Counseling Family Members of Patients with Borderline Personality Disorder (BPD)”*

2007–2011

Master Practitioner in Psychodynamic Therapy, Academy for Psychodynamics (4-year program)

Graduation Thesis: *“Grief in Survivors of Suicide”*

Curriculum included:

- Cognitive Behavioral Therapy (CBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Systemic Therapy
- Couples Therapy
- Grief Counseling
- Psychosomatics
- Burnout and Depression
- Family and Organizational Constellations
- Trauma Therapy
- Psychopathology (DSM-IV)

2008–2010

Basic Medical Knowledge (Bachelor level)

Curriculum included:

- Physiology, Anatomy, and Pathology

2015

Psychosocial Basic Knowledge (PSBK) – PLATO certified, Academy for Psychodynamics (Bachelor level)

Curriculum included:

- Anatomy, Physiology, and Pathology
- Psychosocial Fundamentals
- Practice Management
- Communication
- Psychopathology (DSM-5)

2018

Postgraduate Certificate – Mental Health Counselor for the GP Practice (POH-GGZ),
RINO Zuid

2019

Certified Mindfulness Trainer (MBCT), See True Academy

2011–Present

Additional Training & Workshops

- Trauma Processing
 - Flash Technique 2.0
 - Positive Health
 - Psychopharmacology
 - Burnout: Therapeutic Approach and Reintegration
 - Grief Counseling
 - Improving One-Sided Relationships
 - Male vs. Female Brain Differences
 - Focusing
 - EMDR
 - Mindfulness in Therapy
 - Psychosomatics / Somatic Symptom Disorders
 - Acceptance & Commitment Therapy (ACT)
 - Eating Disorders
 - Mental Disorders
 - Obsessive-Compulsive Disorders
 - Embodied Trauma Integration (IFS, SE)
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Professional Experience

2008–Present

Private Practice – Psychodynamic Therapist (Master Practitioner)

Providing psychological support including trauma therapy (EMDR, Flash 2.0, IFS, SE), CBT, couples therapy, grief counseling, and more. Also active in public speaking, online courses/workshops, and supervision.

Oct 2024–Present

Vicino Noord-Holland-Noord – Mental Health Practice Nurse (POH-GGZ), Texel (Part-time)

Responsibilities include:

- Intake and triage
- Short-term treatment within GP practices
- Support for chronic psychiatric patients
- eHealth implementation
- Collaboration with social services (municipality, social teams, Texels Welzijn, police)

- Building and maintaining partnerships within and outside the practice (e.g., community teams, primary and specialized mental health care)

Dec 2019–Oct 2024

International Health Center The Hague (IHCH) – Mental Health Counselor (POH-GGZ) (Part-time)

IHCH is a private clinic for expats. All work conducted in English, often online due to patients residing abroad.

Responsibilities included:

- Intake and triage
- Treatment within GP practice
- Support for chronic psychiatric patients
- eHealth
- Collaboration with internal and external partners
- Due to language barriers, many patients remained under my care rather than being referred

Sep 2018–Apr 2023

Mediis – Regional GP Organization Midden-Holland (ROHMH) – Mental Health Counselor (POH-GGZ) (Part-time)

Responsibilities included:

- Intake and triage
- Short-term treatment within GP practices
- Support for chronic psychiatric patients
- eHealth
- Implementation of regional care programs and quality standards
- Collaboration with community teams and mental health services
- Special focus on patients with non-Dutch backgrounds due to my expertise

Sep 2018–Apr 2023

Mediis – Mindfulness Trainer & Program Coordinator

Led 8-week mindfulness courses four times a year for patients from affiliated GP practices.

Responsibilities included:

- Course delivery
- Policy development
- Admission criteria
- Curriculum design